



## Little Red Feet Report

1 Dec 2025



**Overview:** Little Red Feet is a space run by parents for parents and babies 0-2 years old that is based at Humanscapes Hall. It is a welcoming space where parents can drop in with their babies and toddlers to socialise and get practical and emotional support from each other while their babies play and interact in a safe set-up with age appropriate toys and books.

**Report time frame:** May 2025 – December 2025

- In May 2025, a new team of parents took over the management of Little Red Feet: Aditi & Carlos (volunteers), Suryamayi (AV), Sheida (AV) and Swapna (bioregion) after members of the founding team decided to leave. Indumati (Aurovilian, who had been holding space at Little Red Feet in the afternoons with the previous team) chose to continue her involvement with the new team. The new team dedicated the month of May to deep cleaning, sorting through and cleaning all the items (toys, etc.), and recuperating the many missing keys to the building (all but one!). We identified the need for a one-time grant for new items, as well as a salary to hire a regular cleaner and made these requests to Morning Star, which were approved.
- In June 2025, we reopened three mornings a week (Mon, Wed, Fri from 9-11am). Some new parents & babies started coming, alongside some of the previous regulars. We had 7 parent&baby pairs participating on a regular basis. After spending a few weeks using the space we came to identify the specific items that would be needed to make it more baby friendly

and welcoming to parents. This included safety additions (such as guard rails), furniture (shelving, cushions etc.), kitchen appliances (fridge, kettle), and nursery items (mats, toys, etc.) as many of what were left were worn. We submitted a budget for these items in July, which was approved.

- In July and August the space was closed as most of the team were out.
- In September, we received the funding for the new items, started making purchases, and designed a new set-up that included active play areas and cosy spaces. We also received donat:



*"Cosy corner" for reading, breastfeeding, napping, diaper changing etc.*



### *Active play area + circle time*

- Since September, we have been hosting sessions on Tuesday and Thursday afternoons, 2:30-4:00pm. We decided to host sessions in the afternoons given the start of the Pre-Creche programme, held in the mornings, as well as a new morning programme for babies and toddlers at Lilaloka. In total we have had around 10-12 babies participate; on average we have 4-5 babies in every session.

### *What parents are saying:*

“Thank you so much to the new team for setting up the space so beautifully!

At the same time I am also thankful to the team who held the space before and gave it the energy that it holds... and to pass on to the new team!

And of course a big thanks to morning star/ Paula for holding it in the umbrella!” (Shivangi, newly joined parent)

“Love it!! That is fabulous what you have managed to create in that space in terms of set up. Nice to see Little Red feet continuing” (Chloe, who was participating from the founding of the space)

### *Feature of our Afternoon Sessions:*

Our afternoon sessions, facilitated by Aditi, regularly include free play, sharing, and snacks. We have a theme for each week, for example joy, trust, simplicity, intuition for the sharing, and also a theme for the free play set-up each week (for example, a focus on musical toys one week, on fine motor skills another week) so that we curate/limit the toys that we bring out week to week so as to not make it overwhelming for the babies. Some extra activities we have held include “baby dance time” and song circles, we have also hosted a 1st birthday party and poetry readings on the theme of motherhood/parenthood for the parents.



*Sharing circle set up for the parents*

### **Challenges:**

- We feel it is important to have a good relationship with the Humanscapes community. We currently do not host any mixed age groups, which means that the children of the Humanscapes community, many of whom are older, do not get a chance to engage with the set-up (toys, play areas etc) as we remove it after each session given that the Humanscapes community might make use of the hall when we are not present. We have extended an invitation to parents of the Humanscapes community to keep the space open with our setup (right after one of our afternoon sessions with the babies/toddlers) for the children of the Humanscapes community to come play, under the supervision of one or more parents and/or a member of our team who will be responsible for making sure the set-up is then packed away properly.
- Since the opening of the Pre-Creche (and Lilaloka) programme in October, regular attendance to the afternoon sessions has decreased. Regular attendees are babies who do not attend Pre-Creche as they are not Aurovilian and therefore don't have (free) access. This might indicate a need to focus offerings on the next 'batch' of babies (born in 2025 rather than 2024). However, when these babies have come to our sessions, the developmental gap with our toddlers can be a challenge.

### **Our wishes and plans for 2026:**

- Offer sessions that are welcoming and adapted to younger babies (0-1) and their parents, preferably with a dedicated facilitator (such as the support group for new parents that Rotem was facilitating previously at LRF), and hopefully start to engage one or more of their parents to eventually join the team to ensure succession
- Offer more 'specialised' sessions for parents and toddlers, such as parent-baby yoga or toddler ATB (possibly by Suryamayi of LRF who is certified yoga and ATB teacher); Sheida of LRF who is a certified swimming coach for children has also been wanting to offer baby swimming sessions for the toddlers under the LRF 'programme'. As working moms it is hard to find the time but the wish is there!
- Host one-time fun community-building events like hand/footprinting
- Create a Guide for Parents with information about services/support available to parents and babies
- Find a new person to take over the cleaning, as Swapna of our team who has been taking care of it up to now is expecting a new baby in 2026 😊

